

Babies' Questionnaire

For new born babies and children up to 4 years of age

Before you bring your child to see us it would be most helpful if you would complete the following questionnaire and bring it with you to your first appointment. This will enable us to make the best use of the time available, as well as enabling us to avoid subjects that you may not wish discussed in front of your child.

CHILD'S NAME	
MALE/FEMALE	
DATE OF BIRTH	
BIRTH WEIGHT	
AGE NOW	
BIRTH WEIGHT	
WEIGHT NOW	

NAME OF PARENT/GUARDIAN	
ADDRESS	
TELEPHONE NUMBER	
MOBILE NUMBER	
EMAIL ADDRESS	If you are happy to receive information about the practice, please give your email address above.

GP's NAME	
ADDRESS	
TELEPHONE NUMBER	

HOW DID YOU FIND OUT ABOUT US?	
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IS THERE ANY SPECIAL REASON WHY YOU ARE BRINGING YOUR CHILD/BABY?	
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MOTHER

WHAT WAS YOUR AGE DURING THIS PREGNANCY?	
DID YOU HAVE ANY PROBLEMS?	
DID YOU TAKE ANY MEDICATION?	
DID YOU TAKE/ARE YOU STILL TAKING VITAMIN D?	
WHAT TESTS DID YOU HAVE? Ultrasound, amniocentesis, etc.	
WAS THE BABY IN A NORMAL POSITION DURING THE PREGNANCY?	
WAS THE BABY ENGAGED IN THE PELVIS?	
IF YES, TO WHAT EXTENT 1/5 → 5/5	

DELIVERY

WAS YOUR BABY BORN ON THE DUE DATE?	
WAS THE DELIVERY AS YOU HOPED?	
WHEN DID THE CONTRACTIONS START?	
WHEN DID THE WATERS BREAK?	
WHEN WAS THE BABY BORN?	
DESCRIBE IN YOUR OWN WORDS THE DELIVERY AND BIRTH Include details of pain relief, forceps/vacuum pump, etc.	

AFTER THE DELIVERY

WAS THE BABY INTUBATED?	
HOW LONG WAS IT BEFORE THE BABY WAS GIVEN TO YOU?	
APGAR SCORE 1 MINUTE	
APGAR SCORE 5 MINUTES	
DID THE BABY CRY OR SUCKLE WITHIN THE FIRST 30 MINUTES?	
DID YOU NOTICE ANYTHING PARTICULAR ABOUT THE BABY'S HEAD?	
DID THE HEAD CHANGE A LOT DURING THE FIRST 24 HOURS?	
IS THERE ANYTHING ELSE THAT YOU THINK IS IMPORTANT ABOUT THIS TIME?	

FEEDING

BREAST OR BOTTLE?	
IF BOTTLE, WHICH FORMULAS HAVE YOU TRIED?	
HAVE YOU TRIED DAIRY FREE?	
ANY DIFFICULTIES WITH FEEDING?	
WEIGHT GAIN	
WHEN WERE SOLIDS INTRODUCED?	
WHAT DID THE BABY EAT? Likes/Dislikes	
WAS/IS THERE ANY PROBLEM WITH THEIR BOWELS?	

SLEEPING

SLEEPING	
ANY PROBLEMS SLEEPING?	

MEDICAL HISTORY

VACCINATIONS Mark those applicable	Diphtheria Polio Tetanus HIB (meningitis) Whooping cough MMR
ANY PROBLEMS FOLLOWING VACCINATIONS?	
ALLERGIES	
ILLNESSES (Including medication if you know it)	
HOSPITAL ADMISSIONS Casualty/tests/treatments/operations	
MEDICATION	
ACCIDENTS	
DENTAL HISTORY	
HAS THE CHILD SEEN A CHIROPODIST?	

FAMILY HISTORY

PARENTS Any history of illness/allergy Flat feet/knee, hip or spinal deformity	
BROTHERS & SISTERS Birth weights/any health problems/similarities or differences to the patient	
FAMILY GENERAL HEALTH Parents/grandparents/aunts Uncles/cousins	

Data Protection GDPR

The Data Protection Act ('The Act') lays down certain requirements for the protection against unauthorised disclosures of personal information. The Act also gives you certain rights. The information which you give in this form, and any other information obtained during the course of your treatment, is on a strictly confidential basis. This information will be used solely for the purposes of providing osteopathic and/or any related treatment. We will not disclose any personal information which we hold about you outside this practice without your explicit consent, except to the extent we are required or permitted by law.

Data Protection Policy Jane O'Connor & Associates uses a database to hold certain information from the patient questionnaire. This information is entered into a database and so technically stored. The Form requires Opt-In Consent to add you to our mailing and text messaging lists.

- We will never give/sell or rent this data onto a third party.
- We may add your email address to our Jane O'Connor & Associates mailing list and your mobile telephone number to our Text Local appointment reminder list.
- Who has access to your personal data: Jane O'Connor & Associates, Text Local.
 - Website. We use Google Analytics on this site.
- You can lodge a data subject access request: You can email us at any time to remove your personal data from our systems. joconnor.osteopath@virgin.net
- How long will we hold your personal data:
 - We are required to retain adult patient notes for eight years following the last appointment
 - We are required to retain infant and child notes until that child reaches 25 years of age.

GDPR Consent

Tick box for consent

I consent for The Osteopathic Practice to store my personal data.

Email Consent

I consent to be added to The Osteopathic Practice Mailing List.

Mobile Phone Number Consent

I consent to be added to The Osteopathic Practice (Text Local) to receive appointment reminders

Signed

(If the patient is a child, the signature of the parent or legal guardian)

Print name

Date

The Osteopathic Practice 47 Campion Terrace Leamington Spa CV32 4SU 01926 335932

Cranial Osteopathy

Cranial Osteopathy is a gentle balancing technique that is commonly used on infants and small children. Because of its gentle nature, there are very few side effects with Cranial Osteopathy. Some babies may become either, sleepy or excited after a cranial treatment. This can last from a few hours up to a day.

I have read the above and understand that, occasionally, there may be some unavoidable and temporary side effects resulting from my baby's/child's treatment at The Osteopathic Practice. I understand that signing this form does not affect my statutory rights.

I consent to my child having Cranial Osteopathy

Signed _____

Date _____

(If the patient is a child, the parent or legal guardian must sign)

The Osteopathic Practice Patient Charter

Although much of this charter may not be appropriate for the treatment of infants, we believe it is important that parents know that we follow strict guidelines for all patient consent to treatment, which also applies to parental consent for their child.

Osteopathy is a very 'hands on' therapy.

This means that your Osteopath will need to touch and examine the area of your pain and other significant areas, depending on the tissues involved. Some of the treatment techniques will require that your Osteopath get very close in order to control the mobility or to focus a manipulation.

It is important to understand that you remain in control of your treatment at all times.

You can remove your consent to treatment, or any part of the treatment **at any time**.

If you decide that you are not comfortable with any technique, please tell your Osteopath and they can discuss alternative techniques or treatments to achieve the same or similar improvement.

You can choose to have a chaperone with you during your treatment.

If you are nervous, please bring a spouse, partner or friend who can sit in with you during your treatment. This can be helpful, as your Osteopath may give you a lot of information and advice at your first appointment, and it sometimes helps to have another pair of ears to take it all in.

*Children under 16 **must** have a parent or legal guardian with them **at all times** during a treatment.*

If you have any concerns, or don't understand what is happening during your treatment, please ask.

We understand that, what to us is a normal everyday occurrence, is something completely new and unknown to you.

Please ask if you wish to have any part of your treatment explained, or if there are alternative techniques available if you are uncomfortable with what is being done.

You don't have to remain with the same Osteopath throughout your course of treatment.

If you prefer to change, or if it's more convenient for you to see another Osteopath within the practice, please tell the receptionist and it can easily be arranged for you.

At your first consultation and treatment you can expect:

To be asked a detailed history of your problem and other medical conditions:

Your Osteopath may ask questions of a personal nature such as bowel habit or urinary function. They may ask women about any difficulty with menstruation, pregnancy or labour if this could be relevant to a low back or pelvic condition.

These questions are needed to eliminate possible medical conditions that can mimic musculoskeletal pain, but which need medical, rather than osteopathic treatment.

Examination of the area(s) of your pain and any associated regions of the body:

Your Osteopath may need to examine you in your underwear (depending on the area of the problem) and will need access to certain areas of the spine or limbs to facilitate treatment. You can ask to be covered with a towel or to partially re-clothe if you are cold or would feel more at ease covered.

Please bring shorts and a vest or camisole, if you do not wish to undress to your underwear.

An initial diagnosis and an explanation of your proposed treatment plan, including any advice or exercises:

These should include any alternatives to Osteopathy, if we believe that you would benefit from this.

If you have any concerns about your treatment:

Contact the Principal of the practice - Jane O'Connor ADO DO. joconnor.osteopath@virgin.net

If you feel you need to make a formal complaint about any Osteopath:

Contact the osteopathic governing body, The General Osteopathic Council. Email: regulation@osteopathy.org.uk

We believe that every patient has the right to feel safe and respected at all times.

Each patient is a valued individual who we sincerely want to help.

If you're unsure about any of the information here, please ask your Osteopath to go through it with you.

I have read and understood my rights of consent as a patient of The Osteopathic Practice

Signature _____

Date _____